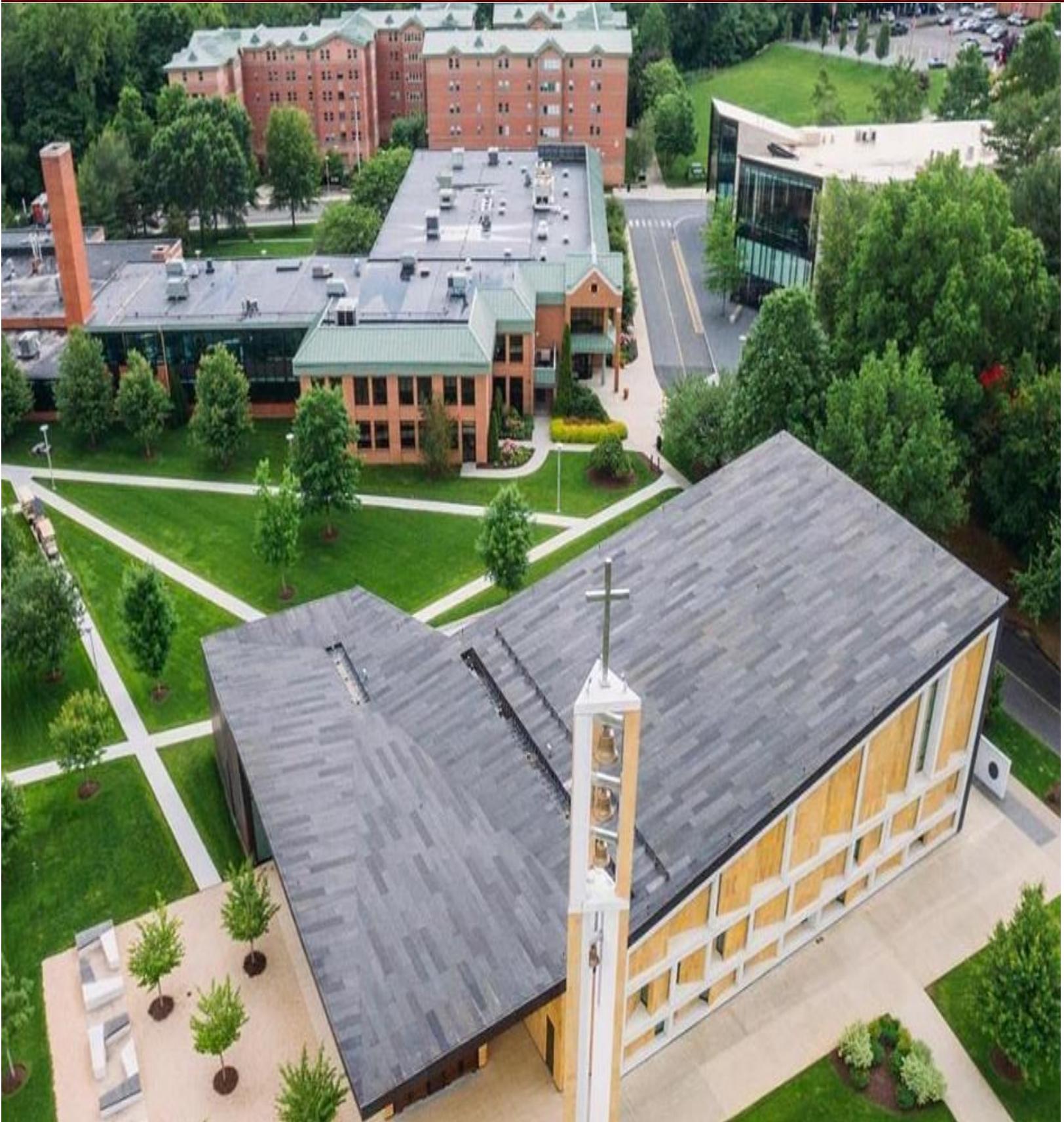


the NAVIGATOR

NORTHEAST ASSOCIATION OF COLLEGE AND UNIVERSITY HOUSING OFFICERS



Inside This Edition

Contents	02
Executive Board	03
Welcome	04
From the President	05
Using Housing Operations to Become More Marketable	06
Being a Mid-Year Hire	08
New Outlook on Community Development	10
Res Ops Conference Review	13
Spotlight	14
Skiing and Residence Life	18
NEACUHO Elections	21

Cover Photo Credit: Sacred Heart University



Executive Board

ELECTED BOARD POSITIONS

President, David Grimes

Past President, Trish Godino
Loring

President Elect, Matt Foster

Treasurer, Sonya Alexander

Treasurer Elect, Kevin Conn

CT / RI District Coordinator, Jacob Nathaniel

East NY / VT District Coordinator,
Zachary VanGelder

MA District Coordinator,
Antonio Willis-Berry

ME / NH District Coordinator,
Chuck Crawford

Metro NY District Coordinator,
Vinnie Berkenmeyer

West NY District Coordinator,
Courtney Albiker

ACUHO-I Foundation Board Representative,
Tim Touchette

APPOINTED BOARD POSITIONS

Annual Conference Co-Chair, Sarah Fabianski

Annual Conference Co-Chair, Johnny Hurley

Assessment Coordinator, Heather Quire

Corporate Relations Chair, Colleen DeBeasi

Equality, Diversity, and Inclusion Chair,
Darnelle Bosquet-Fleurival

Historian, Paula "Raz" Randazza

Media and Publications Chair, Danielle Remigio

Membership Coordinator, Kim Beardsley

New Professional Development Chair,
Abigail Smith

Parliamentarian, Eric Benn

Professional Development Chair, Michael Yates

Residential Education Chair, Adam Ortiz

Residential Operations Chair, Matt McGrath

Secretary, Colin Seifrit

Strategic Plan Task Force Co-Chair,
Rose Waples

Strategic Plan Task Force Co-Chair,
Myra McPhee

Technology Chair, Greg Madrid

Webmaster, Garrett Highlight

the NAVIGATOR

Welcome



Picture:
Media & Publications Chair, Danielle Remigio

Hello friends and colleagues!

This edition is long over-due. Many of us have been grappling with the changes to our industry as a whole, and changes to our lives and overall well-being. Spring semester started quickly, many of us jumping into ACUHO-I intern searches, RA recruitment, interviews, and selection, and were prepping to possibly go to TPE. Then the world changed and we shifted from our “normal” to shift to supporting students in ways we didn’t think possible or were foreign to us. The mantra of, “this will end soon” slowly has been fading away as we recognize that our past and our future won’t necessarily look the same.

However, what has stayed the same is the support, kindness, and willingness to help one another across the region. I am grateful for opportunities such as this publication to share and connect with colleagues near and far. We’ve all gotten good at Zoom calls and learning new ways to connect. This is the future. And as an organization that is spread across seven states, this can and will work to our favor to learn new tricks of how to connect and share best practice.

This edition, when reflecting on some of the articles that were submitted, have a lot to do with change, using resources around you, and connecting ourselves to our work. Many articles came in prior to COVID-19 and yet those themes are still important today. Connection from afar is still connection.

Moving forward, I want to expand the reaches of the Navigator and help connect everyone in between editions. What ideas do you have? What would be helpful? Send them my way and we can build connection while we cannot be together in person, and between events when we can.

For now, I simply want to share a few things that have helped me during this Work from Home period to help reflect and stay positive:

- My home “office” is in my bedroom. So I make sure to clean and make my bed every day. Clean room, clean mind
- I write my list of tasks more-so than I did before. I notice I have been getting more overwhelmed or drained and those written reminders have been helping
- We have Skype for Business so I start each morning by checking in with my staff just to say hi– it’s a great reminder that we’re still in this even from different locations and I’ll probably continue it when office work resumes!
- I go outside every day. Even if it’s raining. Just to say I did. It breaks up the day and helps me shake out the cobwebs.

Our listserv has seen an uptick in questions now that some of us may have a little more time for projects and big picture ideas. I’ll be sending out a separate email with all the topics as there are so many from our last digest. Continue to connect and reach out about these topics. Take advantage of this time in the best way you know how and can. We all deserve a chance to breathe and reflect during such a tumultuous time; we just don’t want to forget the support we have near and far.

Thank you for the continued support and best of luck with the transition to summer on your respective campuses!

Stay safe and healthy

~Danielle Remigio,
Media & Publications Chair

From the President

Hello NEACUHO!

In the midst of everything that is going on in the world, on our campuses, and with all of us personally, I truly hope that all of you are doing well. As I write this letter, I can't help but think about how much has happened since the last update.

Prior to the onset of COVID-19, we were in the midst of our membership drive, spearheaded by our Membership Coordinator Kim Beardsley. Additionally we were able to hold two great events, the Residential Operations Drive In, held in December at Manhattan College and the Equity, Diversity, and Inclusion Retreat, held at NHTI, Concord's Community College. Both events went incredibly well and it was great to network with those of you who were in attendance and learn from those presenters who submitted program proposals. I'd like to give a big thank you to the Residential Operations Committee and its chair Matt McGrath as well as the Equity, Diversity, and Inclusion Committee and its chair, Darnelle Bosquet-Fleurival for all of their hard work in putting on these events. Our next event will be our online Residential Education Retreat headed up by our Residential Education Committee Chair Adam Ortiz and his committee. Registration is currently live and free of charge for all members. You will also hear more in the near future about our online Toolkit Series that will be held in August. Looking ahead to next year, Matt Foster, our President-Elect, has emailed out looking for host sites for his slate of events. If your campus is interested in hosting one of our events, please reach out to him to let him know!



Picture:
NEACUHO President, David Grimes

Our Executive Board has met twice since my last update, in December and in February and will be meeting again over the Summer. During these meetings, we have received updates on the progress of the writing of our Strategic Plan which per our last update will be pushed back a month, approved our operating budget for the 2020-2021 year, and have started thinking about the next year ahead in terms of events and offerings. Our Annual Conference Committee is also hard at work planning for the Annual Conference in October.

In the coming weeks, you can look forward to hearing more information about virtual offerings NEACUHO will be providing, updates on the continued planning of the Annual Conference in October and the Strategic Plan, information on our awards nominations process, and finally information on how to run for Elected and Appointed Executive Board positions for 2020-2021.

I hope that as the months progress and we head into the Summer that you all stay safe and take care of yourselves and your loved ones. While there are still difficult times ahead, we as a profession and field are no stranger to overcoming challenges and working to support each other and our students. I look forward to engaging with many of you throughout our remaining events this year and if there is anything that you need or questions that you have, please don't hesitate to reach out!

All the best,

Dave Grimes
NEACUHO President

Using Housing Operations to Become a More Marketable Job Candidate

Cayla Salazar, Purchase College

We work in an oversaturated field that gains new professionals every day. When I was in grad school, my professors were very honest about the inverted triangle that my classmates and I were stepping into. They stated that some of us would not remain in student affairs simply because there were not enough jobs. They were correct. Many of my classmates have moved on to working outside of higher education. They started business school, worked for non-profits, transitioned into K-12, and more.

As a housing professional, when you are competing for the next level jobs, what can you do to stand out? This is where housing operations can come into play. While many housing professionals are focused on developing residential curriculums, serving on cross-campus committees, advising student groups and organizations, and more, most are not thinking about housing operations as part of the equation. Behind every program is a complex working of budget lines and allocations. Behind every bed in a residence hall is a long list of housing requests and accommodations. Housing operations drive what we do day to day without oftentimes anyone noticing what's going on.



So what can you do to learn more? How do you improve your skills to become more marketable when you're ready to take the next step? Below you will find 5 tips on gaining housing operations experience to help shape you into a better rounded professional staff member.

1. Figure out what you don't know.

Depending on the office you work in, you may have very little to do with things that happen behind the scenes with facilities, the budget, the housing system, or the assignment process. Take some time to determine what areas you know the least about and then sit down and talk with someone in your department about how to gain more experience in those places.

2. Get to know your housing operations expert on staff.

This could be one person or multiple people in any given office. Take the time to sit down and talk with these people and learn a bit about why and how they got involved with housing operations. Getting some insight to who they are may help you understand how they process information and handle their jobs on a day to day basis. Their journeys may surprise you.



3. Sit in on crucial meetings during peak times.

Housing operations stay busy year round but move in and move out, housing selection, the end of a fiscal year, and room assignments are all great times to listen in on the meetings that are happening surrounding residential operations. Understanding how decisions are made on your campus can help you relate better to students and explain the process to them when issues arise.

4. Spend time in your main office during times of high call volumes.

Lend a helping hand when you can. If you are able to field some of the class during high volume times, you will learn more about your department, interact with students and parents in a unique way and help out members of your residential operations team. During my time help with phones over the summer, I was able to get a small glimpse of what our assignments coordinator went through after housing assignments had been sent out.

5. Learn about the money.

The higher you move up in the residential life world, the more complicated budgets look. Oftentimes one department head may be dealing with funding coming from multiple different sources. Not only that but each source has its own limitations and restrictions. Take a minute to meet with your director to talk about how this money makes its way through the department and some challenges with balancing everything.

Although these tips are not all encompassing, I believe that they will help you to connect more with the residential operations side of housing. I hope that by learning more about residential operations, you will be able to bring that experience into a job interview and become a more marketable candidate.

True to Life Training to prepare the RA for everyday

FIRST TIME CLIENTS: Use this card to SAVE on your school's Winter or Fall RA Training.

For more information about our uniquely engaging, actor driven training programs, please contact us at:
Phone 609-879-0774 www.trueitolifetraining.com
www.facebook.com/TrueToLifeTraining & [@TTLTraining](https://twitter.com/TTLTraining)

"I absolutely loved True To Life. I thought it was one of the best parts of training, and I felt as though I truly learned skills that were applicable to my role. They brought a lot of excitement to training."
 Brandeis University Community Assistant

Being A Mid-Year Hire: From One Job to Another

Kendall Rousseau, Pace University

Trusting your instincts, taking chances, and believing in yourself – three things that come to mind when it comes to finding your fit in a role and at an institution. There's always going to be that fear of advocating for yourself and initiating the next step, but in the end the benefits of finding your place will far outweigh the fears you're experiencing in the moment.

During my last year of my graduate school career, I remember speaking with my peers, professors, and supervisors about the job search process. I remember being told about things to look for in an institution and position when job searching. I was explained things ranging from what to wear to an interview all the way down to benefits and professional development funding. I was always told to make sure I do my research and ask all the right questions. Something I felt I did. But what next? What about once I have secured the job and started in my new full time professional role?

Going into my first full time position was nerve wracking. I had been out of the residence life game for quite some time (since undergrad) and now I was going back, but this time as a professional. I can remember the day as if it was yesterday, packing all my belongings and moving to start this new experience. For some people, the transition is seamless and smooth when they start a new job. But then there are the ones who struggle to find their fit and adjust properly. You know... the ones who then start to question their place and future at an institution. I guess you can say I was leaning more towards the latter of the two when it came to my transitional phase. One thing led to another, and the next thing you know I was back at square one... job searching all over again. To be honest, multiple concerns and worries ran through my head, such as what would potential employers think? Does this make me a failure? What did I do wrong to be back at this phase in my life so soon? Questions I wasn't even sure how to answer.

Despite the unanswered questions, I was back on the search. Applying for job after job, doing first and second round, and on campus interviews until I landed my current position that I have now. As I transitioned out of my previous position, there was now the concern of transitioning into the new one. The biggest question was would this new institution be a better fit? Only time would tell.

Being a mid-year hire especially as a new student affairs professional was just as nerve wracking as being a new hire the first time around. Now this meant, I was joining a team of Residence Directors with already built relationships, and inheriting a Resident Assistant staff chosen by someone else. I would be lying if I said that the transition was perfect. There was so much to learn in so little time. I instantly jumped into professional staff training, then RA training, then opening, and the semester was here. As a mid-year hire a lot more of my learning was essentially on the job training. I had to be confident in myself and trust that I knew what I was doing, while asking questions, and also being comfortable admitting when I didn't know exactly what it was that I was supposed to be doing. Having a supportive and welcoming team did make the learning process easier and made me more at ease.

I always look back and reflect on my beginning in the field, and wonder what if I hadn't chosen to put myself first and made that jump. Changing institutions was probably one of the biggest ways in which I have had to advocate for myself. I believe what made it difficult to do so was because the fear of how I would be perceived by others, but also the expectation that we are supposed to put in a certain amount of time before moving onto another position.

Trusting my instincts and taking a chance on myself are two things that I am grateful that I chose to do. Had I let my fears stop me, I wouldn't be where I am nor would I be the person I am today. As my one year anniversary of working at Pace has recently passed, I can say that I'm happy I took that leap of faith and was able to trust the process, and hope that others are able to do so as well!



A Change to Our Offerings!

With the seriousness of social distancing measures, NEACUHO has made the decision to move the Residential Education Retreat to an online format for the safety of all potential attendees and presenters.

This retreat is being offered via Zoom at zero cost to any participant.

[Register Here:](#)

Registration will stay open until the day of the conference, Friday, June 5th, 2020.

NETWORK WITH NEACUHO

2019-2020 Conferences

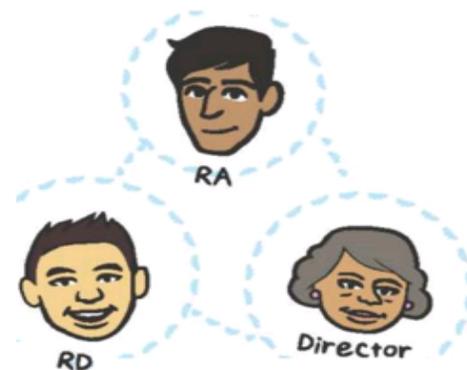
-  **FALL RD2B: 11/16/19 @ BRANDEIS UNIVERSITY**
-  **RES OPS RETREAT: 12/6/19 @ MANHATTAN COLLEGE**
-  **EDI RETREAT: 2/7/20 @ NHTI**
-  **SPRING RD2B: 3/8/20 @ SIENA COLLEGE**
-  **RES ED RETREAT: 6/5/20 @ SACRED HEART UNIVERSITY**
-  **TOOLKIT SERIES #1: 8/5/20 @ PURCHASE COLLEGE**
-  **TOOLKIT SERIES #2: 8/7/20 @ EASTERN CONNECTICUT**
-  **ANNUAL CONFERENCE: 10/6/20-10/9/20 @ NIAGARA FALLS**



Improve your Residential Education program with eRezlife

Manage and assess your community with digital

- 1-on-1 intentional conversations
- Program and curriculum tracking
- Duty logs and weekly reports
- Staff evaluations



Welcome to the community

GET IN TOUCH FOR A DEMO TODAY

www.erezlife.com/schedule-a-demo

Our New, Not so New, Outlook on Community Development

Matt Foster, Worcester Polytechnic Institute

Why do our community development models look the way they do? What should our community development model look like? How do students go to all the campus programs and offerings that are available? These are some of the questions I have asked myself for several years and really started to dive into a year and a half ago. We continued seeing the same students at programs, spending programming funds to provide food to a small group of students, and having student staff members spend hours planning, organizing, picking up supplies, running a program, returning leftover supplies, and then completing a post-program review/evaluation. What are we doing and who are we helping here?

As staff spent hours on completing their required programming expectations, we continued to see a rise in students of concern and the amount of emails we were sending asking staff to check in. At WPI, we have our CARE Team focusing on students of concern, where concerns are brought up by any member of the community as well as through an anonymous concern form and emails/calls from parents and guardians. These reports are then assigned to individuals in areas that may have contact with the student. As imagined, our team is assigned most reports for a student living in a residence hall. Once assigned either a Resident Advisor or Community Director check-in based on the level of the concern. With the continued increase in mental health concerns among college students and the positive change in seeking help, our staff's hours continued to increase for their work.

This also sat on my mind – something had to change.

The change started with doing some research and assessment of current practices and our model. We collected resident attendance at program for almost a year, not for the purpose of quantity over quality, but to review who attended and see how many were repeat attendees. As suspected, the same, small group of residents kept attending over and over again. Those residents were already connected in other ways, involved in many campus opportunities, and the outgoing, energetic ones. We also began to review the campus offerings from all the campus-wide educational programs, formal workshops, large scale social events, and more. These were thriving for the most part, but sometimes still had the same students attending. Once a review of the program information was completed, we pulled together a group of RA staff members to hear the information and then help establish the future community development model. The table included showcases what our model looked like previously. The RA staff that participated, provided ideas and thoughts on things to do moving forward, and then

helped to establish the new model. Our department provided no input or thoughts throughout this process, but did have final decision on the end result. Fortunately, the model the staff came up with themselves, did not require a lot of changes from the professional staff.

Previous Community Development Model	New Community Development Model
All-Hall – 1 per semester	All-Hall – 2 per semester
Educational Programs – 5-6 per semester	Pop-Up Socials – up to RA how many
Random check-ins – when asked	Meaningful Conversations – 2 per semester, per resident
Office Hours – in RA residence hall room	Office Hours – in floor lounges



What did they come up with? The staff did not have the titles to name the work they put to paper, but they provided the basic concepts of the final model, as listed in the table. The staff also believed they were spending too much time on formal, educational programming efforts, they did not want to be the “experts” presenting materials they were not comfortable with, and they wanted to make more connections with the residents not involved or connected.

This was our vision – and they captured it entirely. We cut all formal, educational programs from our department – keeping some educational programs as offered by our First Year Experience program (this program is run out of Academic Advising with a Community Advisor – another student leader for the floor and a staff/faculty advisor), however we do not plan or execute these and the number was cut down to a few per semester. We increased the number of all-hall programs from 1 per semester to 2 per semester, with the entire building staff responsible for planning and executing. Staff now hold pop-up socials for their residents which allows staff to decide any minute when and where they can hold a get together with residents. Staff have access to snacks, craft supplies, and other items to run a pop-up for their floor/area. Reducing the time for running programs, allowed staff to add floor office hours (WPI does not have formal offices in each residence hall) in lounges and to implement Meaningful Conversations with set deadlines for check-ins with residents. This new model was implemented in August 2019.

What have we learned with implementation? Returning staff did not entirely embrace the new model and struggled to understand their role in meaningful conversations. While new staff embraced and worked very hard to complete all expectations of the model. While there have been some concerns brought up, the staff have helped to provide constructive feedback and small changes will continue to be made. With that being said, this model has been effective for all residence halls. We have seen deeper connections among student staff and their residents, specifically those who may be struggling or not connected as much as they would like. Increased numbers of students participating in all-hall programs and residents enjoy the pop-up events. Our staff has also been able to encourage residents to attend campus programs with the expert offices presenting the material, such as career prep with the Career Development Office or course registration with Academic Advising. Areas for improvement are working to better implement and understand office hours in lounges and better planning for all-hall programs.

Next steps for us include working closer with the First Year Experience team on making meaningful conversations a bit more effective and split amongst the team to allow for even deeper connections. Utilizing socio-grams for staff to better know their residents and entire community. Work with the RA staff to discuss use of their office hours and ways they can better plan for their all-hall programs.

Our community development model is continuing to grow and will adjust annually to meet the needs of our residents and campus. We recognized a need to change and adapt to the students of today – **how will you meet the needs of your residents?**



Follow Us!
 New NEACUHO Instagram
 @NEACUHO_



The desk they'll want to
hang out with.

Foliot's hanging desk - the smart way to save room

GET IN TOUCH TODAY
PROUDLY MANUFACTURED IN **LAS VEGAS & MONTREAL**
SALES@FOLIOT.COM | 1.800.545.5575 | **FOLIOT.COM**

FOLIOT
FURNITURE



Residential Operations Review

Jessica Wheeler, Albertus Magnus

On December 6th, Residential Operations professionals gathered at Manhattan College in The Bronx, NY. Individuals from the NEACUHO region gathered for a day of learning and networking with others. I was excited to attend the Residential Operations drive in conference for a second year in a row. Prior to attending, I had an idea of how the day would go and prepared myself to have a similar experience as the year prior. I was excited to gain more information on the current trends and best practices other Residential Operations professionals were executing on their campuses. When reviewing the offered sessions and what topics would be covered throughout the day my excitement grew.

The sessions this year were the perfect balance of what our job in operations is; managing our facilities to best serve the population, but through a lens that is student centered and highlights the student experience. A session that has resonated with me that I immediately delivered to my staff members was viewing the Resident Assistant staff as Retention Experts. It was highlighted by Thomas Tressler-Gelok, Director of Residential Education & Retention Specialist that the RAs are the individuals that can make one of the largest impacts on retention. They are the ones that often hear about student struggles first and can best connect them to appropriate resources. Viewing the RA position as one that works towards retention is something that is often talked about. This session provided concrete examples and the evidence to support the success Wagner College's Residential Education department has achieved in its retention efforts.

In addition to intentional presentations given by knowledgeable professionals in the field, there was also an opportunity to network with NEACUHO Officers and committee members in attendance. The conversations were fruitful and varied across each table. Some discussed current professional accomplishments and others the opportunity to become more involved in the organization. As an individual who struggles with small talk, the conversation was organic and enjoyable! The vendor fair was an experience that all in attendance could participate in and gain knowledge from. Something **Matt McGrath stated** at both previous conferences makes this more comfortable for all: **"you may not have buying power right now, but one day you will and this is a great time to meet the vendors you could be working with in the future"**. This conference is a beneficial experience for operational professionals at all levels to enjoy. I attended my first drive in as an individual who had no buying power. I nervously fiddled with business cards and promotional items, daydreaming about one day seeing the Residence Hall I oversaw installing card readers instead of issuing hard keys. I returned to my second drive in, heard Matt's comment about buying power, looked at my supervisor and sassily said "that's you", she replied "no, that's us, we have the buying power". Matt's encouragement the year before is what made me more confident striking up the conversation with the vendors as I nervously fiddled with business cards, promotional items, and my new "buying power".

Attending this conference has been a great experience. It continues to spark my enthusiasm working in Residence Life and shows me that operations is the path I would like to continue following. If you're looking for a conference to dip your toes in the operational world, this is a great option. The energy is high, it is cost effective, and continues to devote itself to providing the best experience for its attendees.

Spotlight: Kathi Bradford

Director of Alumni Relations; Westfield State University

As Kathi completes her professional career and retires in early March, we are excited and thrilled to spotlight her in the NEACUHO Navigator. Kathi has made many significant contributions to the organization through her involvement in many areas and her guidance of those still involved.

Her nominators had the following to say:

"I met Kathi in 1991 at a NEACUHO program committee meeting and we have been friends and colleagues ever since. Whether it's personal or professional support, guidance, love, or energy you need, Kathi is the person to whom anyone can turn. Her passion for NEACUHO includes strong commitments to new professionals, issues of social justice and inclusion, and corporate relations. Her guiding principal - "all voices matter" - has made the organization better for everyone. Her involvement in NEACUHO spans her entire

professional career, and even now as she enters retirement from full time work, her plans include giving back to the organization by continuing her involvement with events and offerings. Northeast ACUHO has been lucky to have had Kathi Bradford as a part of its story." – *Paula Randazza, Rivier University*

**

"My relationship with Kathi spans 30 years, shared with our mutual love of NEACUHO and all of the amazing folks we have met along this journey. She is simply the most engaged, sensitive, intelligent, caring, committed friend anyone could ever wish for in and out of the profession. Her public and private work on issues of justice, empowerment, access, inclusion and service serves as a model for the kind of educator we can only hope to aspire to be. She is passionate, never wavering, committed and most simply AMAZING. The privilege of you Kathi has been, and will continue to be, trans-formative. **Big Love.**" – *Rich Bova, Columbia University*

**

"I met Kathi towards the end of her run with the NEACUHO Executive Board, but instantly looked to her as a mentor and guide. You could see and feel the passion for the region, those who attended every single event, and the organization as a whole. I have looked to Kathi for advice and support through my NEACUHO involvement and in my professional career. Most recently, Kathi provided me with the opportunity to discuss my run for the President cycle and reminded me of the impact that NEACUHO has on the professionals in our region. Kathi is an inspiration and is someone to look to for commitment and passion. I wish Kathi the best in this next chapter of life!" – *Matt Foster, WPI*





Kathi had the following to say about her NEACUHO involvement - I have had two homes in my professional career, Westfield State and the NorthEast ACUHO. Each has given me life-long friendships, professional growth and support and memories that I will cherish forever. My first experience with NEACUHO was as a graduate student at SUNY-Albany (now Albany State) on my first conference committee in 1981. Following that, after meeting the incredible Brian McAree in Buffalo in 1987, I volunteered to help run a mini-conference. My opportunities were endless on the road to President, then and still today. My three years in the Presidential cycle were the most incredible leadership experience of my career. My words of advice to new professionals: Find time to get involved, even if it is a small task, grow into each position and aspire to lead. It will change your life. Today, as I retire after 38.5 years at Westfield State to the next awesome chapter of life, NEACUHO remains a place where good work is done, laughter abounds, and people make all the difference.

Special thanks and much love to my forever "Kitchen Cabinet", Paula Randazza and Rich Bova, and to all of the many professionals I have had the amazing opportunity to work with to accomplish all that NEACUHO has done over the decades. Thank you from the bottom of my heart.

Kathi's NEACUHO Involvement:

Corporate Relations Liaison, 2010, 2013-2015
 Vendor Relations, 2007, 2008 and 2016 Annual Conferences
 Coordinator, Marketing plan, 2005 and 2006
 Past President, 2004-2005
 President, 2003-2004
 President-Elect, 2002-2003
 Co-Chair, Residential Education Committee, 2000-2002
 Massachusetts District Coordinator, 1998-2000
 Host, RA conference on Diversity, 1996
 Host Chair, Annual Conference, 1995
 Tri-Chair, Program Committee, 1992-1994
 Co-creator and host, "Careers in Student Affairs", 1991
 Registration coordinator, Training and Development, 1987-1991
 Annual conference committee, 1981

Recipient, NEACUHO Distinguished Service Award, 2006
 Recipient, NEACUHO Lifetime Achievement Award, 2010

LIFE ACCOMPLISHMENTS

A truly blessed and loving family, both blood and not.
 Amazing love.
 Passionate and life-long service.
 Unparalleled friendships.

the NAVIGATOR

CORT



KEEP YOUR FURNITURE FROM BECOMING ONE OF THOSE CENTURY-OLD TRADITIONS.

Refresh campus furniture on your schedule.

Don't wait to update furniture because of time or budget constraints. Let us make common areas, student centers and residence halls impressive enough to write home about. Partner with CORT Furniture Rental and stay on-trend and on-budget.

We can also help with any housing need like furnishing overflow, off-campus and faculty spaces. Call 888.304.2112 or email educationsales@cort.com.

cort.com/highered

© 2017 CORT. A Berkshire Hathaway Company.

16 May 2020

C'MON, MAN! WHAT DOES SKIING HAVE TO DO WITH RESIDENCE LIFE??

Chuck Lamb



I consider myself fortunate to live in 2 states with decent downhill skiing-western NY and Maine. While some long for the warmth of Florida or the southern climate during the winter months, I head north for the ski slopes to feed my need for speed coming down the numerous trails in New England or upstate New York. I embraced skiing in the 70's and fortunately that passion hasn't left me. I'm always on the search for the perfect ski day which includes conditions, temperatures and companionship. Some of those lift rides can be long and the mind wanders and I realized on one of the rides up there is a strong parallel between the snow sports and our work in residence life. Yup; it's true!

THERE ARE 5 BASIC SKI SKILLS THAT HAVE TRANSFERABILITY TO RESIDENCE LIFE

BALANCE-when you're on the skis or the snowboard you have to maintain front to back and side to side balance or you're going to face plant! NOT GOOD! Same thing in res life. Are you in balance with your professional and personal life? Are you taking time for YOU or spending lots of your waking hours related to the job? Getting in quality time with significant others in your life? Do you work at night reading emails and RA application folders? Grabbing some time at the gym or simply walking? JUST DO IT!

EDGING-those sharp edges on skis or snowboards are critical to holding your position while coming down the slope. Sharp edges assist with effective turns as you enjoy the run down the hill. Do you have that positive edge with your work life? Are you keeping in touch with the topics and issues that impact your department, your work responsibilities and the lives of students? Are you regularly reading either on line or actual books? Do you share ideas and information with colleagues in meetings or 1:1? Keep your edge to demonstrate your commitment to the field.

PRESSURE-applying pressure at the right time makes the skis/board turn in the direction you want to go or assist with stopping when you need to. There is always some kind of pressure on the job; how's that working for you? Appropriate pressure on the slope keeps you in control and makes the trip down enjoyable-even exhilarating! Can you say the same for the professional part of your life? If not, learn when and how to respond to the pressure and try to enjoy the experience.



Out Virtual Tours can help:

- Attract new students
- Helps staff answer questions
- Help streamline housing selection



Our tours can be easily shared or embed on a website
914-774-0725 ● info@vividmediany.com ● vividmediany.com

IT'S COLLEGE MOVING TIME AGAIN!

Hundreds of colleges and universities nationwide already know that
RENTACRATE BINS make moving day cleaner and easier.



The **RENTACRATE BIN** features:

- Attached, Fixed Wheels
- Strong & Durable Plastic
- Holds Up to 20 Cubic Feet
- Rent by the Day, Week, or Month

Plan Ahead and Place Your Order Today!

Brian Lanagan
Reginal Sales Director
(781)330-4750
blanagan@rentacrate.com
www.rentacrate.com



the NAVIGATOR

STEERING-those of us taking to the slopes actively steer our skies/boards across the trail to maneuver down and to the next run. It's an active and repetitive process. What are you doing to steer your career in the right direction to take advantage of the conditions? Are you planning your next move like snowsports folks plan their next turn? It's always great to live in the moment but thinking ahead to that next challenge or move is essential-whether if be with skiing/boarding or with your career.

ANTICIPATION/LOOKING AHEAD-skiers and boarders are always keeping their heads up and looking forward to make sure they respond to the next challenge or opportunity. Am I ready to move from a green or blue trail to those challenging diamond or double diamond trails? Do I have the skill set/competency to comfortably navigate the terrain to be successful-to get to the bottom of the run and be ready to get on the chairlift again? Can I stop at the end and simply state-"lordy, that was fun!" Or "man, that was a challenge and I'm not doing it again!" How about in Residence Life? Have you "practiced" and refined skills enough to step up to the next level?

How do you know when you're ready?

Successful skiing can be tied back to muscle memory to gain confidence as you navigate the challenge. What are you doing in the job situation to provide that same preparedness?

My personal career growth seemed to parallel my ski development-I really started skiing when I was an RD and in reflection, my upward career advancement happened at approximately the same time my ski skills were developing. Perhaps there is a link after all! My ski skills took a quantum leap forward when I joined the instructional team at a local ski area. Prior to turning me loose with a class I experienced extensive training and mentoring by others committed to skiing. I had to accept criticism about my skiing abilities at first as the instructors broke us down to learn strong basic skills. Then they assigned us classes, monitored our instruction of others and continued to provide competency enhancements. And in subsequent years as an instructor I was given the opportunity to mentor some other new instructors which was just the best! WAIT A MINUTE! Isn't that what we do in residence life with many of the entry level staff? Yup; there is a definite crossover between skiing and residence life!!



Point the skis downhill, enjoy the ride and see you on the slopes!



NEACUHO Election Updates

Trish Godino Loring, NEACUHO Past President

Greetings NEACUHO!!

As the immediate Past-President, it is my responsibility to run the elections for the Executive Board. All nominees must be at member institutions to be qualified to run. The successful candidate will assume their responsibilities at the conclusion of the Annual Conference in Niagara, NY in October.

I am currently taking nominations for the following openings on the Executive Board:

◆ **President-Elect** (3 Year Term, *President-Elect, President, Past-President*)

◆ **Treasurer-Elect** (2 Year Term, *Treasurer-Elect, Treasurer*)

◆ **District Coordinators** (2 Year Term)

**Nominees must be at a member institution within the district below.*

◆ **Massachusetts District Coordinator**

◆ **Metro New York District Coordinator**

◆ **Eastern New York/Vermont District Coordinator**

The nomination form and a full description of the position responsibilities can be found on our [website here](#).

Nominations

The nomination period for this election is Wednesday, May 6, 2020 to Friday, May 22, 2020 at 5:00 p.m..

Nominees will be contacted to accept or decline the nomination on a rolling basis. To be included on the ballot, nominees must submit a candidate statement and photo to Past-President Trish Godino Loring on or before Tuesday, May 26, 2020 at 5:00pm, which will be posted on the organization's website.

*****Self nominations are accepted*****

Elections

The election period will begin Monday, June 1, 2019 and conclude Friday, June 5, 2019 at 5:00pm. If the need arises, run-off elections will be held the following week.

Voting

All voting will be done electronically. Each institutional contact will receive a ballot and is asked to confer with staff members prior to submitting an institutional vote.

Questions – please contact Trish Godino Loring, tloring@ccsnh.edu

Trish Godino Loring
NEACUHO Past-President



• Adelphi University • Albany College of Pharmacy and Health Sciences • Albertus Magnus College • Alfred University • American International College • Amherst College • Babson College • Bard College at Simon's Rock • Barnard College • Bates College • Becker College • Bentley University • Berklee College of Music • Binghamton University • Boston College • Boston University • Brandeis University • Bridgewater State University • Brown University • Bryant University • Castleton State College • Central Connecticut State University • Clark University • Colby College • Colby-Sawyer College • College of Mount Saint Vincent • College of Saint Rose • Cornell University • Curry College • Dean College • Dominican College • Dutchess Community College • Eastern Connecticut State University • Elmira College • Elms College • Emerson College • Endicott College • Fairfield University • Fitchburg State University • Framingham State University • Franklin Pierce University • Genesee Community College • Hampshire College • Harvard Law School • Harvard University • Hobart and William Smith Colleges • Hofstra University • Ithaca College • Johnson and Wales University • Johnson State College • Keuka College • Landmark College • Lasell College • Le Moyne College • Maine Maritime Academy • Manhattan College • Manhattan School of Music • Marist College • Marymount Manhattan College • Massachusetts College of Liberal Arts • Massachusetts College of Pharmacy and Health Sciences University Worcester • Massachusetts Institute of Technology • Merrimack College • Middlebury College • Molloy College • Monroe Community College • Montserrat College of Art • Mount Holyoke College • Mount Ida College • Mount Saint Mary College • New Hampshire Institute of Art • New Hampshire Technical Institute • New York University • Newbury College • Nichols College • North Country Community College • Northeastern University • Nyack College • Pace University - PLV/BRC • Plymouth State University • Providence College • Quinnipiac University • Regis College • Rensselaer Polytechnic Institute • Rhode Island School of Design • Rivier University • Roger Williams University • Sacred Heart University • Saint Anselm College • Saint Michael's College • Salem State College • Salve Regina University • Sarah Lawrence College • Siena College • Simmons College • Skidmore College • Southern Connecticut State University • Southern New Hampshire University • Southern Vermont College • Springfield College • St. John Fisher College • St. Joseph's College of Maine • St. Lawrence University • Stonehill College • Stony Brook University • SUNY Adirondack • SUNY College at Brockport • SUNY College at Cobleskill • SUNY College at Genesee • SUNY College at Morrisville • SUNY College at Oneonta • SUNY College at Oswego • SUNY College at Plattsburgh • SUNY College at Purchase • SUNY College of Technology at Delhi • SUNY Jefferson - Jefferson Community College • Suffolk University • Syracuse University • Teachers College, Columbia University • The Culinary Institute of America • The Juilliard School • The New School • Tompkins Cortland Community College • Trinity College • Tufts University • Union College • Unity College • University at Albany • University at Buffalo • University of Bridgeport • University of Connecticut • University of Hartford • University of Maine • University of Maine at Farmington • University of Maine at Machias • University of Maine at Presque Isle • University of Massachusetts - Amherst • University of Massachusetts - Dartmouth • University of Massachusetts - Lowell • University of New Hampshire • University of New Haven • University of Rhode Island • University of Rochester • University of Saint Joseph • University of Southern Maine • Vassar College • Wagner College • Wentworth Institute of Technology • Western Connecticut State University • Western New England University • Westfield State University • Worcester Polytechnic Institute • Worcester State University • Yeshiva University •

NORTHEAST ASSOCIATION OF COLLEGE AND UNIVERSITY HOUSING OFFICERS