

THE NAVIGATOR



IN THEIR ROLES AS REFEREES/OFFICIALS, CHUCK LAMB AND DEREK ZUCKERMAN SHARE WITH US THE CROSSOVER BETWEEN SPORTS AND RESLIFE, PG 20

Best wishes in the New Year

The New Year brings with it an energy for starting fresh, whether that be in your job, or in your life. According to USA.gov, some of the most popular New Years resolutions include:

1. Eat Healthy
2. Get a Better Education (pg 8, 26)
3. Get a Better Job (pg 6)
4. Get Fit
5. Quit Smoking
6. Manage Debt (pg 14)

7. Manage Stress
8. Save Money (pg 14)
9. Take a Trip (pg 22)
10. Volunteer to help others (pg 10)

Do these resolutions resonate with you? Well remember, as a student affairs professional, don't just make resolutions, make SMART (Specific, Measurable, Attainable, Realistic, Timely) goals. As it turns out you can also read

several articles in the Navigator to get you started! In our new professionals focused issue, we have an abundance of information specifically for our new staff to get onto the path of a success new year, personally and professionally.

Enjoy!
 Jess Faulk (@jessfaulk)
 Media & Publications Chair



NEW PROFESSIONAL FOCUSED ARTICLES, PGS.5, 6-7, 8-9, 14, 15, 20, 30



FINANCIALLY FIERCE, PG. 14



RD2B HIGHLIGHTS. PGS. 6-7



Cindy Long Porter
NEACUHO President

From the President's Desk



Thoughts on being a New Professional

Greetings and Happy New Year NEACUHO! I hope that each of you experienced a happy and joyous holiday with loved ones. If you are like me you are already back and in the middle of training. Each year I have an opportunity at this midway point, to spend time with the new professionals in my department and I share with them an article written by my good friend and past NEACUHO president Carol Boucher, "Some thoughts on being a new professional now that reality has settled in". In the article Carol shares her pearls of wisdom with new professionals on the areas of supervision, student conduct, administration, relationships with colleagues and getting a personal life. Since this month's Navigator focus is the new professional I thought this might an opportunity to not only share with you a link to the article, http://www.reslife.net/html/personal-dev_1000b.html, but add to a few more pearls.

- ✓ **Get to know your institution.** This doesn't happen simply during the work day or on your duty weekends. Attend campus events when you can, support events from other departments and make your presence known.
- ✓ **Stay on top of your administrative responsibilities.** They may not be the most glamorous but they are essential to the functioning of your department and may impact others. Your written communication, your accuracy and timeliness are reflections on your professionalism.

- ✓ **Share your experience and expertise.** Share the good things that are happening in your area. How is the work of your master's program relevant to the issues being discussed in your department? If you don't use it you will lose it!
- ✓ **Remember you were hired for a reason.** People believed in your ability. Ask yourself this month have you shown it?
- ✓ **Check in with your mentor at least once a semester.** If you haven't identified a mentor make it a priority.
- ✓ **Conduct your own mid-year check-up.** Is this the job, the community, the environment that I thought? If you are having doubts talk with your supervisor and set realistic expectations.
- ✓ **The work that we do can be rewarding, fulfilling and fun.** However, if you have never been a housing professional that may not be easy to comprehend. Many of the people you get to work with will be in your lives forever. Relationships matter. Nurture them.

I wish you each a successful second half of the year.

Take care,
Cindy

RENEW YOUR MEMBERSHIP

Your regional source for professional development for over 55 years!

Membership Costs

Small	<1000	\$60
Medium	1001-2000	\$80
Large	2001-4000	\$130
X-Large	>4001	\$300

Join a
Committee!

Network with
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OVERVIEW OF MEMBERSHIP BENEFITS

- ✓ Discounted rates for attendance at all of our professional development events throughout the year
- ✓ Discounted rate for our Annual Conference
- ✓ Access to communications such as the NEACUHO Navigator (bimonthly newsletter), and the Listserv
- ✓ Opportunities to participate in webinars on hot topics (Professional development minus the travel!)
- ✓ Networking at District socials and roundtable events
- ✓ Opportunities to be involved on committees or run for elected and appointed positions
- ✓ Opportunities to present at a regional conference

Date	Event	Location
October 5, 2012	Fall Drive In	Western New England
November 17, 2012	RD2B	Old Westbury
December 7, 2012	Operations Trade Show	Ithaca College
January 10-11, 2013	Social Issues Retreat Series	University of Rhode Island
February 9, 2013	RD2B	Eastern Connecticut
March 22, 2013	Mid/Level	Bridgewater State
June 21-24, 2013	Annual Conference	University of New Hampshire

Renew at neacuho.org

Two Sides of the Same Coin



Kathy Irla-Chesney
Director of Housing,
University of New Hampshire

When I was young, my Mom used the phrase “Two Sides of the Same Coin” to help me see that everything or every person can be viewed from different perspectives. Recently I found myself thinking of college students that way. Most often as university employees we view students as our customers. They come into our work world to get a “home cooked meal”, a new I.D., or even a different room to live in. They can be refreshing and appreciative or at times demanding and unreasonable. Often they know what they want and they want it now! Students are articulate about what they deserve and what is fair. They are resourceful and creative

“I REALIZE THAT THE CREATIVITY, RESOURCEFULNESS & PERSISTENCE WITHIN OUR STUDENTS ARE A TRUE BLESSING”

and seldom give up when something important, to them, is at stake. All of these qualities can make college students, as a group, a challenge to deal with. What if we flip the coin though? On a daily basis I see the students we employ, especially in these times of stretching our budget, exhibiting the traits above to our benefit.

Throughout the year, a couple hundred students are employed within Housing. They perform jobs right alongside those of us who have made higher education our careers. They do everything from carrying furniture eight hours a day to assigning an unhappy freshman to a new room, and for the most part they do it with outstanding attitudes. I’ve watched a team of our students paint walls in 100 identical rooms in a residence hall on 95 degree days while another group spends the better part of

summer making every bathroom in our apartment complex shine. That includes windows and toilets! If it weren’t for our student staff we wouldn’t be able to continually provide a lockout service to students who accidentally left their keys in the room when they went to take a shower. We even have students who help repair washers and dryers and cable connections in our buildings!

When I think of all they do suddenly I realize that the creativity, resourcefulness and persistence within our students are a true blessing! They find ways to make some of our most redundant tasks fun even if it can at time drive us “old timers” crazy. They breathe life and laughter into our days while performing vital tasks for us. They show up day after day, despite their other obligations to provide professional service to hundreds of their peers who are our customers! The very qualities that can be challenging to us from time to time can be what keep our service going strong. I don’t know about other departments on campus but in Housing we’d be lost without our student staff. So, the next time I find my blood pressure rising as a result of a challenging student interaction, I’ll try picturing that student as one of my staff. More importantly, the next time I see a student staff member I hope I remember to smile and thank them for the important job they do. It just might make their day!



Cory Davis
Residence Hall Director
Quinnipiac University

New Professionals Need Grocery Lists

How cooking relates to your
first semester as a professional



This evening I went to the grocery for two simple reasons; coffee creamer (a life necessity), and, because I had no thawed/fresh food in my apartment. I have had a meal plan for the past six years. Now, being in this professional role, I am still getting used to consistently buying groceries and providing three meals a day for myself. As I strolled the aisles of my local Stop & Shop, I began to think about where my life has brought me in the past five months that I have been employed as a Residence Hall Director; my first professional position.

These are some of the things that I have discovered in my own life:

1) **I have money to spend, but I should not spend it all-**

I am proud to say that I have never eaten Ramen in college, but I have also never had a brand new car, nor the trendiest clothes (more Maxxinista than an Express model). With regular paychecks in my pocket, I can spend where and when I want to but I have to keep reminding myself that student loans begin this month and that a newer car is in my future.

2) **Everyone needs a support network-**

I am the only immediate family member who has moved away from home. This fact is seven years in the making (undergrad, grad, and now work) and is something that I think a lot about. My family and older friends will always be a post, tweet, text, or call away but making new friends is where it is at.

3) **Professional development is a state of mind-**

As I jump head first into my position, I must say that professional development is a state of mind rather than an activity. There is so much more going on in the profession and so much important work to be done for and with our colleagues and students that we can contribute to. New professionals reading this should continue reading articles and journals, contribute to newsletters, and write to share your opinions. It will be those kinds of people who continue to make contributions for our students, our colleagues, and our profession.

4) **Even if I have my degree...I can still know so very little-**

There was a time in grad school when I figured that once I had a job and got my degree, I would know what I needed to do. That was it; simple, right? Nope. Being open-minded and embracing of new ideas and methods will make one infinitely more successful. One must carefully balance past experience with this open-mindedness to use expertise, learn how things are done at your institution, and help to improve them for the future.

5) **This is my life...I need to get out there and do-**

So much of my life has been spent pursuing a degree and finding the right job. Now that I have those things; now what? I spent so much time in grad school saying "I will figure out my life once I get settled" and now that I am settled, I need to get down to brass tacks and rediscover what my life is all about.

As I rung up my items and bantered with the cashier, I realized that my life is going in a good direction. I have neither regrets nor complaints but am simply amazed how getting a few groceries can make me think so much on how far I have come these past five months. I truly enjoy going grocery shopping and as the semester gears up, I hope that I continue to have epiphanies while strolling through the grocery aisles.

Jonathan Davey
Community Development Coordinator
Brandeis University



RD2B



Nearly 50 undergraduates and a handful of professionals attended the 'Electing Your Success' RD2B Conference this year at State University of New York (SUNY) College at Old Westbury on Saturday, November 17. Under the direction of RD2B Conference Chair Matthew Talbot, Residence Director at Endicott College, a subcommittee of NEACUHO's New Professional Development Committee and the hosts of SUNY College at Old Westbury, we were able to put on a tremendous, informational conference.

The conference started off with an inspirational speech by Sabrina Tanbara, Director of Student Affairs at The Julliard School in New York City. She emphasized the concept of electing your success and choosing your path by using quotes from President Obama and past presidents about how to achieve no matter what path you choose. Afterwards, participants attended sessions led by professional staff from various institutions discussing topics ranging from interview etiquette, life as a resident director, and how to be an effective supervisor. Participants also had the opportunity to experience a mock interview and have one-on-ones with mentors to obtain feedback about their resume. Professional staff members who attended the conference with their students also had a memorable time discussing current trends in higher education, sharing various experiences from their institutions, and being able to assist with mock interviews. The feedback of participants demonstrates that RD2B was an enjoyable experience and all were able to gain valuable information on how to become a successful and effective resident director

For those of you eager to experience this opportunity, you will have the chance. The New Professionals Development Committee will be hosting another RD2B conference on February 9, 2013 at Eastern Connecticut State University. Be sure to check out www.neacuho.org closer to the date to register and secure a spot. Hope to see you there!

ADVICE FOR THE RD2B

If you are looking for an RD position in grad school: find one that will pay for you to go to grad school; ask the questions during an interview that really matter to you; talk to someone currently in the position you want AND someone who is no longer in the position you want; work hard, but remember that you cannot do everything.

Sarah Santiago
Springfield College, MA

Expect the unexpected!

Jen O'Neill, *University of Rhode Island,*

Enjoy every moment in every position you have, get the most out of all opportunities you can; because once you take that next step, you can't go back to being an RD.

Casey Wall
Binghamton University, NY

Do your research. Gain necessary experience now because the field is competitive. Utilize you contacts on campus to help you prepare.

Tatiana Cole, *University of Hartford, CT*

A career in residence life/student affairs is just that a "career". Don't consider the RD job because it comes with "free" housing and you don't know what else to do. Be an RD because you care about students and you want to make a difference in their lives.

Beth Moriarty
Bridgewater State University, MA



The **YELLOW BRICK** Graduate School Road

Life in itself is a journey. One with twists, turns, triumphs, and failures. This is true with anyone and everyone. However, one journey I think is unique on its own: grad school. I find it especially true in the world of Student Affairs because of the high level of application and experiential learning that is woven into the fabric of each program's required curriculum. As a current member of this distinctive subgroup of professionals, I have watched as my fellow classmates and I have gone from meek, transitioning first year students to growing, confident and strong second years ready to transition to a full time status.

This transformation, in my mind, falls in line with the timeless classic *The Wizard of Oz*. Why, do you ask? Between the adventures, diversity of people, anxieties over fitting in, and meeting new people, the story of Dorothy dancing along a yellow road to her destiny seems both prophetic and idealistic yet relatable at the same time. Let's delve deeper:

Follow the Yellow Brick Road:

The Curriculum

Dorothy, once finding herself in Oz, traveled down the path to get to the Emerald City to get where she needed to be: home. She did not stray from the path and trusted that it would help her find her way back. How does this apply to our graduate school path? Everyday we step one step closer to graduation and need help to get there. Our path are the classes we take that guide us towards obtaining that degree at the end that will send us

upwards and onwards in our lives. Without the guidance of our syllabi or class discussions, we have no way of getting from orientation to graduation. It's that simple.

The Scarecrow, The Tinman, the Lion, Oh My: The Cohort Model

As she walked down the yellow brick road, Dorothy confided in many people, but most of all she attached herself to her three best friends. They gave her the strength, courage, and heart to keep pressing on even when she was afraid, or tired, or wanted to give up. I know especially at Northeastern, our cohort model is the reason we can make it through the week at points. We are there for each other in all aspects of life. We support each other when papers are due, when we're having issues at our assistantships, or when we just need a shoulder to cry on. For me, working in Residence Life can be tough to balance when trying to get work done for classes but when I have great friends and colleagues like the ones at Northeastern, I know I'll get through just about anything.

The Wicked Witch of the West & Her Minions: Trials & Tribulations

The Wicked Witch of the West is an iconic villain to many. I relate her and her flying monkeys to the many tasks and stresses that come across us on a daily basis. "Plan this

The Emerald City:

Graduation Day

program”, “You’re on call this week. [Even when you have two papers to write]”, and from our own mouths “sorry, I’m [working, studying, sleeping...you name it]”. By no means is this a complaint of the work I have done in the past year and a half. On the contrary, like Dorothy, my cohort and I have been able to navigate through these blockades and still try to find a balance and keep going. Nothing is going to be easy. Being a hall director, fire alarms are not planned, upset residents don’t knock on my door while I’m just doing nothing, and by no means are papers due when I have nothing else to do. Scheduling is tight between our assistantships, practicums and work-study jobs but to be honest, the end goal of May 3rd when my cohort and I graduate will be that much more meaningful because we thwarted all things that got in our way.

Like in the movie when Dorothy finally reaches the Emerald City, we will reach our final destination. We will graduate, work to find a full time job, and start our lives. Some say that graduate school is a “pseudo real life” where we are working yet we have yet to really step out on our own. Dorothy grew up while in Oz and appreciated what she had. We will too.

So to conclude this analogy, I would like to say thank you. Thank you to my friends and family, thank you to my coworkers, bosses and advisors, and thank you to my NEACUHO community that has been so quick to embrace me as a member regardless of how short-lived it has been thus far. My journey has been better because of you all.

~Danielle



**Dorothy,
AKA**

Danielle Remigio,
Northeastern Grad Student 2013,
Bay State College
Residence Life Coordinator



A student contacted me about relationship issues with his girlfriend which were stressing him out (surprise). He was having trouble in the 'bedroom department' with his girlfriend and felt guilty about his performance and wanting to please her. We had about an hour and a half conversation about his performance anxiety around sexual relations and what steps he could take in calming himself down. He was very mature and we had a great conversation. He was open and honest with his concerns and truly wanted help. The topic made me and others giggle because we talked about the fact he couldn't get an erection (at one moment he asked if he should get Viagra to which I responded, "At 19, I doubt you will need Viagra because you will get past this psychological hump [pun intended] and you should be careful what you wish for if you take this 'happy' pill).

George Marshall, Jr.
Brandeis University, MA



Anytime we get off campus to bond...hiking Mt. Hadley, rope swing on the Hudson River, and of course 1/2 appetizers at Applebee's!

Joe Murphy
Skidmore College, NY

Occasionally, a student who had multiple conduct issues as a first-year student will emerge as a leader as upperclassmen. These are among my favorite memories because they serve as a good reminder to my supervisees and I to be persistent in remaining positive, patient, and developmental with "trouble" students.

Jeff Bickford
Johnson State College, VT



My favorite memory is from this past year. My staff and hall council e-board did a civic engagement program called No Tricks Just Treats where we invite children from a local shelter to come and Trick or Treat in our hall. In addition, we have a Halloween party for them. The residents in the hall decorate their doors/quad for a door decorating contest. The students in building were so warm and welcoming with the children. 80% of the building decorated their door and handed out candy and treats. The smiles on the children's face was something that I will always remember and the residents of my building were still taking about the program at the end of the semester. While this was the third year we have done this program, it was the best so far.

Sonya Alexander
Central Connecticut State University, CT

In August, I presented a workshop about the African life/leadership philosophy of Ubuntu. Several of the students in attendance play on our Women's Basketball team, and they adopted Ubuntu (loosely translated as "I Am Because We Are") as a mantra for the season. That was neat to watch.

Kevin Hahn
SUNY Geneseo, NY

Having a conduct hearing with a student who blacked out and climbed into her own apartment via the window.

Revealing the trail of evidence via the campus safety report and watching her eyebrows rise was priceless.

Dan Newman
Endicott College, MA



Share a favorite memory

from your work with students



I enjoy helping students to realize the many Graduate Assistantships available in different Graduate programs. Many leave their dream schools behind until they realize all the possibilities and opportunities they have to make it work.

Tatiana Cole
University of Hartford, CT

For me, its often the little things. Last year, during the first month, after a conduct hearing with a student, his friend came into the office furious that his friend had been seen and held accountable for an off-campus incident. He was yelling about how unfair this was. We sat down and had a long chat about the conduct system and why we work with students around off-campus situations. He wasn't thrilled with my response, but appreciated being heard out. He came back to see me often and always came to me when he did anything wrong. At the end of the year, he brought his parents to the office to meet me and thank me for "saving his butt" this year.

Darese Doskal-Scaffido
Dryen, NY



Sharing study aboard or volunteer service learning experiences

Patricia Birch
Boston College, MA

Every time a student comes to me seeking personal advice or support in addition to their student staff responsibilities. It makes me feel like the work I do is impacting them in more ways than just as a supervisor and they can confide and trust in me for other things as well.



Vanessa Matthews
New York University, MA



Serving as one of the founding advisors for a men's support group. This group has become a national model whereby there are a number of chapters around the country.

Tarome Alford
Springfield College, MA

So many - it is hard to select a favorite. Sailing as the Assistant Dean with the Semester at Sea program was amazing, in so many ways!

Woodrow Freese
Boston University, MA

It isn't too often we see the product that we work so hard for in our student affairs careers. One of my favorite memories occurred recently when a student with whom I worked with for several years sent me a thank you letter with his new RD business card. His message was short and simple - he expressed his gratitude for my help and guidance over the years and told me that I was essential to his personal and professional successes (and in landing his first job in his new career!).

Daniel LaBonte
Wesleyan University, CT

ARE YOU READY TO ADVANCE YOUR CAREER?

Join us for the 9th Annual
**Western New York
Placement Exchange!**

MARCH 1, 2013

Rochester Institute of Technology
Rochester, New York

**Updated Website and Registration
will be open soon.
Check back for more details!**

WNYPE

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Center for
Residence Life
R-I-T

NEACUHO
Northeast Association of College and University Housing Officers

Mark your calendars for NEACUHO awards & NEACUHO elections coming up this spring!



2013 Timelines

Elections

February 11-25

March 11

March 18-March 25

March 27-April 3

Nominations Open

Candidate Platforms due

Elections

Run-Off Elections if needed

Awards

March 4-March 22

March 25-April 1

June 21-24

Nominations Open

Selection

Announcements/

Presentations at the annual conference

Information will be emailed to our membership prior to the nomination period for both processes. Have questions or need more information, email our past president, Paula Randazza at prandazza@rivier.edu



Financially FIERCE



Thirties



Seventies

I have a few things I get on a soapbox about with friends and co-workers. Many of those things fall under my geek pursuits, like fonts, apple products, etc. Another one of the things I really get excited to talk to folks about is retirement savings. I suppose that falls into a geek category in a whole other way. I get excited to talk about retirement savings because I have read enough to know how much time really is so very important in the whole equation, and I think younger professionals don't hear enough about retirement savings to really value getting a head start.

Young student affairs professionals in particular may not be thinking forward to retirement because they are not always earning a significant amount of money in their first or second job out of school. However, it is in these positions, particularly live-on positions, that new grads have so much savings power. Putting away as much money as you can while you are not paying rent will do so much more for you in the long run than waiting until you are in a higher paying position years later – even if you begin putting more away for retirement. It's all about compound interest! A 35 year old who just begins investing will never catch up to her 25-year-old self, even contributing twice as much (see example below). The decision is clear – if you aren't already contributing to your retirement savings – make a plan to do so as soon as possible. Also, if your institution offers matching and you aren't signed up for the match, you are literally passing up on free money.

	Investor A	Investor B
Contributions	\$200/month starting at age 25	\$400/month starting at age 35
Total contributions at age 65	\$98,400	\$148,800
Retirement fund value at 65 with 7% monthly compounding	\$565,391	\$528,222
Earnings	\$466,991	\$379,422

Full example from Russell.com

Whether you have been putting off thinking about retirement savings, or have savings on your horizon for a 2013 resolution, you can check out the sites below for more information and guidance on how to get started!

30 Best Blogs for Recent Grads Saddled With Debt

A list of blogs covering managing your finances, dealing with student loan debt, and giving you inspiration to meet your financial goals.



Money under 30

Personal finance blog featuring money tips on budgeting, saving, credit, investing, and getting out of debt in your twenties.



Face Retirement

Not yet inspired to save? Visit Merrill Edge's Face Retirement App to get you thinking more seriously about what retirement might LOOK like for you. Take a snapshot of you today and see what you will look like 20, 30, or 40 years away. My own photo (top) certainly was a surprise!

What is the Best Advice You Received as a New Professional?

After an ugly situation with a student staff member which resulted in her firing, my supervisor taught me to start documenting R.A.s' behaviors, both positive and negative. He even gave me a blank notebook. It took me several years to fully realize it, but this piece of advice was invaluable.

Kevin Hahn, SUNY Geneseo

Always do what you say you're going to do.

Patricia Birch,
Boston College

Hear the case, then decide. This has been useful in conduct as well as supervision.

Jeff Bickford,
Johnson State College

Don't feel embarrassed to ask for help or support from others, because it not only informs your work but also creates a space for others to take on a lead and succeed.

Vanessa Matthews,
New York University

It's okay to make mistakes, as long as they are new ones.

George Marshall Jr.
Brandeis University

QTIP

Quit Taking It Personally!
Most of what students (or others) do is not intended as a personal attack on you, so don't take it that way.

Jon Conlogue,
Westfield State University

We Care.

DISTRICT: METRO NY

Ryan Young
Pace University
ryoung@pace.edu



Hello Metro- NY!

Happy New Year! I hope you all had a wonderful holiday season and your semester's wrapped up well. I am looking forward to kicking off another spring semester!

NEACUHO has a lot planned for the coming months. Be sure to look for information about RD2B, the New Professional's Drive In and Mid-Level Institute events. Registration information will be coming throughout the next few weeks. Also be on the lookout for the Call for Programs for the Annual Conference being held at University of New Hampshire in June! This conference is a great opportunity to network and share the wealth of knowledge we have here in the region. Also, NEACUHO will be recognizing our colleagues with our annual awards. Nominations will be out soon. So, be sure to keep in mind those folks who deserve a nod for the hard work they do on your campus and for our profession. Finally, if you're looking to get involved more in the organization, our elections process will also be happening this semester. Running for an elected position or applying for an appointed position are great professional development opportunities!

Also, I wanted to thank the team at Dominican College for hosting the district's first event of the year this past November! In collaboration with our friends in MACUHO, we had a great round table discussion around utilizing learning outcomes and assessment on our campuses. I am in need of host institutions for events this spring and would love to have these events in different areas of the district. So, if you are interested in hosting a social or round table event, please feel free to contact me!

Feel free to contact me with any questions you may have! Good luck with the start of the new semester and hope to see you at a NEACUHO event soon!

DISTRICT UPDATES



Kristen Eldridge
Tompkins Cortland
Community College
EldridK@tc3.edu

DISTRICT: WESTERN NY

Keep your eyes and ears open for an upcoming roundtable at Delhi! Looking for March or April...more details to come after the New Year!

Shout outs to schools in the Western New York area for some fabulous things!

- ★ University of Buffalo for hosing the WNY district social back in November! Thank you and it was superb!
- ★ Geneseo for hosting NEACURH, Mooselodeon!! Amazing job!
- ★ Ithaca College for hosting NEACUHO's Trade Show! It was fantastic!

Looking forward to the New Year with everyone in WNY!! Thank you to all who have renewed for this year! Cannot wait to talk with you all in January!!



DISTRICT: CONNECTICUT & RHOD ISLAND

Jennifer Crane
Quinnipiac University
jennifer.crane@quinnipiac.edu
[@JennCraneCTRI](https://twitter.com/JennCraneCTRI)

Greetings everyone. I submit this update recently after the shooting at Sandy Hook School in Newtown, Connecticut. First, my deepest sympathy to any of you who have been personally touched by this tragic event.

In what is seemingly a small town in Connecticut, we have seen have many connections across the region and country. It is amazing and unfortunate that these horrific events are what it takes to demonstrate how so many of us are connected. I have heard over and over in the news that through tragedy comes displays of heroism. We have seen this through the teachers who risked their lives for the students, the first responders who went into the school, and many others behind the scenes that we don't hear about in the news. I am sure that many of you who were indirectly moved by this incident found yourself hugging your family more tightly, talking about school safety, and reviewing your own institutions emergency plans. It will take a long time before the town and the residents can begin the long grieving process. Please know that our hearts and prayers are with you along the journey. For the rest of us, I encourage you to take a few moments this semester to recognize the heroes in your life.

For the spring semester:

I am working on a small scale drive in/roundtable at Mitchell College for the end of February and a social for the end of April. Mitchell is a great location for most of us in the region, located in New London, Connecticut. Watch the website and your email for more information.

DISTRICT: MASSACHUSETTS

Julie Hershkowitz
Northeastern University
j.hershkowitz@neu.edu



Happy WINTER Massachusetts! I hope you all had a smooth closing and a very peaceful and relaxing holiday season. If you are still on break, enjoy it while you can! Thank you to all of the institutions who have renewed their memberships! If you still need to renew please go to neacuho.org ASAP. Please direct any questions my way!

Zach Irish
Daniel Webster College
zirish@dwc.edu

DISTRICT: MAINE & NEW HAMPSHIRE



Hello Maine and New Hampshire! I hope the first semester was a successful semester for you and that you were able to take some time for yourself and reenergize over the holidays!

It has been a busy year across the district but I am looking at solidifying a date for a District Social in the early part of second semester before RA Selection and Room Selection processes begin. My goals for the start of the second semester are to host a district social, increase district membership, and increase participation at conferences. One idea I have is a carpool system so that folks from our district can travel to conferences together. Please let me know if you would be interested in helping with any of these goals. If you have yet to renew your membership, be sure to do so soon. Most of the conferences are in close proximity to our district this year and with a membership, you get a discounted rate to attend.

A reminder that this year's annual conference is at the University of New Hampshire from June 21-24, 2013 so mark your calendars now!

Residential ops

ITHACA COLLEGE
DECEMBER 7, 2012

Content contributed by:

Matt Foster

Hospitality & Dining Chair
Worcester Polytechnic Institute

Tim Touchette

NEACUHO ResOps Chair
Assoc. Director, Housing Services
Northeastern University



The Residential Operations Committee held one of the largest NEACUHO Annual Res Ops Conferences. There was a total of 93 registrants including representatives from 17 vendors (six corporate partners). While the conference itself was looking to be a hit, Kristen Eldridge (Western NY District Coordinator) and the Res Ops Committee had some fun in store for the guests of the conference and members of WNY. They held a social at Holiday Inn Ithaca, featuring hors d'oeuvres, a wine tasting from Wagner Winery, and music that brought people together to see friends and colleagues.

On Friday, December 7 Ithaca College graciously hosted the committee and participants by providing a warm and welcoming look into Ithaca, NY. The conference featured Rich Bova, Senior Associate Dean for Residential Life and Dining Services at Brown University, as the keynote speaker. Rich provided a close look at a residential rehab/renovation plan that took almost ten years in the making. Gathering information from an outside agency on the need for rehab, working closely with the facilities department, and establishing supporting data, Rich is in the midst of renovation project after renovation project. His insight, enthusiasm, and experience were a refreshing look at residential operations and provided an inside look at what it takes to get what you need to better your overall student experience.

The morning continued with TED style talks having two track focuses, one for CHO's and the other for New/Mid-level professionals. The CHO track continued the closer look at Brown University's rehab/renovation plan with Rich Bova (Brown) and then Michael Hamilton (Worcester Polytechnic Institute) talked about Hotel University, a look at summer conferences turned into hotel style service. New and Mid-level professionals got a look at managing building damage from two different programs at Binghamton University and Westfield State University. Casey Wall and Wimer Alberto (Binghamton) discussed their program focusing on civility, ownership, and inclusion that has helped decrease building damage, while Josh Hettrick (Westfield) focused on a community approach. The other session, presented by Rachel Lyon (Northeastern), focused on a customer service approach that Northeastern University has taken when it comes to their housing department.

Lunch provided an opportunity to mingle with vendors, win some great prizes from attending institutions, and catchup with colleagues. The afternoon had a more panel-based focus still maintaining the two track approach. Rich Bova moderated a panel with Chuck Lamb (Director of Residence Life at RIT), Bonnie Prunty (Director of Residential Life at Ithaca College), and Rene Cordere (New Construction Consultant at Binghamton University) where they focused on

navigating campus politics. The New and Mid-level professionals panel focused on “Things I Wish I had Known” featuring Tim Touchette (Northeastern), Kyle Black (Rhode Island College), Jason Fishner (SUNY Delhi), Meghan Rydzik (University of New Haven), Scott Schuhert (Binghamton University), and Michael Hamilton (WPI).

The day concluded with closing remarks and a giant thank you to our exhibitors and corporate partners. Ithaca College was a great venue for the conference and the committee could not have asked for a better day!

93 registrants

17 vendors

6 corporate partners

Thank you
to our presenters

Word cloud containing names: Alberto, Bova, Lamb, Prunty, Wall, Touchette, Rydzik, Lyon, Hamilton, Fishner, Schuhert, Black, Cordere, Hettrick, Eldridge, Touchette.

Rich Bova

Senior Associate Dean for Residential Life and Dining Services,
Brown University
Keynote speaker



ResOps Committee Members:

- **Tim Touchette** – ResOps Chair – Northeastern University
- **Ryan Young** – Exhibit Hall/Trade Show – Pace University
- **Meghan Rydzik** – Registration – University of New Haven
- **Kyle Black** – Registration – Rhode Island College
- **Mike Guthrie** – Keynote Liaison – Quinnipiac University
- **Allison Baptiste** – Budget/Finance – LIM College
- **Matt Foster** – Hospitality & Dining – Worcester Polytechnic Institute
- **Wimer Alberto** – Programming – SUNY Binghamton
- **Jason Fishner** – PR & Graphic Design – SUNY Delhi
- **Samantha Stafford** – Host Liaison, Ithaca College
- **Katherine Burrow** – Support Team - SUNY Oswego
- **Stephanie Weishaupt** – Committee Member, Utica

Officiating your life in Residence Life

The authors are also sports officials when not directing the lives of residents! Chuck is a high school and youth lacrosse official while Derek referees college and high school soccer as well as college ice hockey.

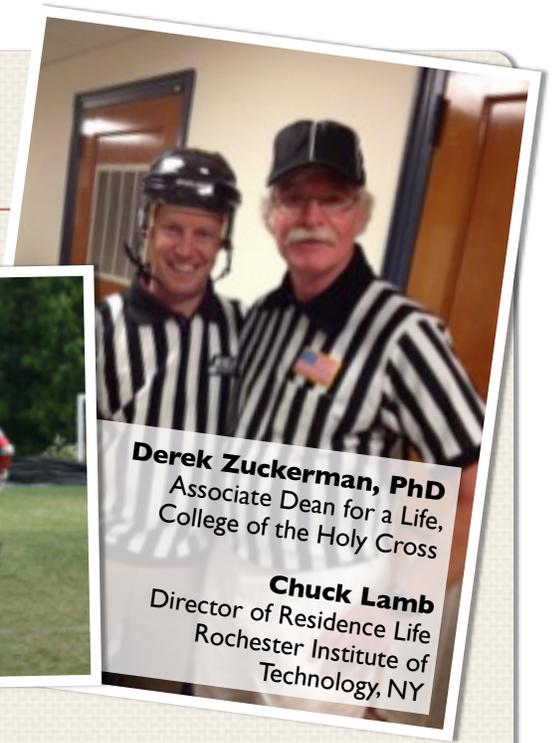
In their roles as referees/officials they are the on field experts with a focus on structure and control of the game. Coaches focus on player development and winning while players simply play the game. Sounds a bit like residence life, parents, and students!

In our experience we see a distinct crossover of skills from our athletic lives to our residence life lives and we'd like to share those concepts to assist with your success. Perhaps by reading this article you will explore options and build your skill set to improve your job performance and/or promote within the field.

The list below could be qualities of a Good Official. Could they also be qualities of good staff member?

- ➔ Personal appearance is positive and professional
- ➔ Knowledge of rules: be the expert
- ➔ Consistency
- ➔ Awareness, good vision of the whole field
- ➔ Effective communication with fellow officials, players and coaches
- ➔ Not afraid to make a mistake
- ➔ Is in the proper position to make a call
- ➔ Avoids confrontation
- ➔ Exhibits positive energy
- ➔ Professional demeanor with everyone
- ➔ Constant self-evaluation; accepts constructive criticism for improvement

Officials try to avoid conflicts or dangerous situations with proper preparation before the game. Equipment is checked, rules are reviewed, and a tone is established from the beginning of the game.



Derek Zuckerman, PhD
Associate Dean for a Life,
College of the Holy Cross

Chuck Lamb
Director of Residence Life
Rochester Institute of
Technology, NY

Officials identify and call personal fouls and technical fouls and include:

- ➔ **Personal fouls:** slash, illegal equipment, tripping, unnecessary roughness, fighting, unsportsmanlike conduct
- ➔ **Technical fouls:** holding, illegal procedure, interference, off-sides, stalling

Additionally, officials call "lines"/boundaries to insure the puck/ball is in proper play. In order to make the right call, you have to be aware of what is going on and that includes:

- Avoid committing fouls/"mistakes" yourself
- Stay "within the lines" and focus on your job
- A referee that is doing his/her job well is NEVER noticed

Here's the crossover between **Career and Skill Referees:**

- Who is there for you?
- Who checks your personal development as you go through this position and life?
- Who serves as a check and balance?

Although you may have a mentor and/or professional coach, you are your own skills/career referee! There needs to be structure in your life as you evolve and advance personally and

professionally. Referees are gatekeepers for game management. Who is responsible for *your* game/career management? Who is the department/area/building expert in your “game”? Be mindful of the crossover relationship in your personal and professional lives.

Game vs. Career Management

For our athletic lives we adhere to the following guidelines during **GAME MANAGEMENT**:

- Pre-game discussions with other officials, coaches, and players
- Communication is essential; some possible responses to coaches/players questioning our decisions:
 - “I didn’t see it that way.”
 - “I’ll watch out for that.”
 - Pay no attention and focus on the game.

For your professional lives some of the same guidelines apply during **CAREER MANAGEMENT**:

- Pre-job discussions with other “officials”, staff, and supervisors
- Communication is still essential and some possible responses:
 - “I didn’t see it that way.”
 - “I’ll watch out for that.”
 - Pay no attention and focus on the task at hand.

With whom are you communicating as a residence life professional? And how are you doing so? Have you ever seen a referee email or text a message of a decision? Personal/verbal communication still works very well!

Athletic referees usually work in pairs or as a team. Good partners and great officials: What makes them? Are they similar to working relationships in residence life? Consider these qualities not only for good referees but possible application to residence life:

- Make contact to arrange travel/meeting
- Be on time
- Have a pre-game conversation and review points or emphasis and areas of coverage
- Permit your partner to do their job
- Maintain good eye contact and positive communication
- Assist in diffusing a negative situation
- Process what happened during the game after game

So, there are common elements to Referees and Residence Life:

- Know the rules
- Consistency is critical
- Every game equals a new game
- Every game is important to the players; regardless of the level
- Show hustle, be in the right position, and anticipate the play
- Slow down and be in control

If there are concepts we would like you to remember consider these:

Lacrosse/Residence Life takeaways:

- Make the slide-move to assist/cover for another official
- Head on a swivel-always take in the whole field and look at the big picture
- Positioning-you can’t make the call if you’re not in the right place at the right time

Hockey/Residence Life takeaways:

- Awareness-be cognizant of where you are and the impact of your actions/decisions; time and place is always critical
- “Big picture”-take it all in; think about your actions/decisions beyond your immediate area
- Sell the call-be confident and firm with decision making

See you on the field or on the ice!



Meet Victoria Wilson

Manager of University of New Hampshire
On-Campus Apartments

Stephen Luber
Conference Chair 2012-2013

Christina Rowland
Conference Chairperson for Publicity & Web

What are "Victoria's Secrets" for successfully living on-campus?

"If you want the full college experience, you gotta live on campus! I did all 4 years as an undergrad, and I'm so glad! What's the best kept secret of life at the apartments? Everything is about YOU! Where else are you going to live where somebody will shovel your walkway, change your light bulb, take care of your internet/cable bill, run fun events and come to your aid if you're locked out at 3am? Enjoy it as long as you can!"



But we actually know that the best kept "secret" about Victoria is that she is the **2013 Annual NEACUHO Conference Social Committee Chair**. Sooooo, keep thinking about attending NEACUHO 2013 at UNH Durham in June 2013! You can personally discover and enjoy all of the great social events (shhhh, it's a secret) that Victoria has planned for you!



Are you prepared?

Risk Management and Legal Issues

Thinking ahead to our New England winter weather, are you aware of the emergency protocols in place at your institution? Ponder the following questions, test yourself and talk with your staff members.

- ✓ Who on your campus is considered “essential personnel”?
- ✓ If you use an electric access card system, how long is the stand-by battery life of the readers?
- ✓ Which buildings on your campus have backup generators?
- ✓ How much of your essential student emergency information requires power to access?
- ✓ Do you have an up-to-date list of the students who may need assistance exiting a building in an emergency?
- ✓ Do you require staff to complete fire rounds if the alarm system fails or does not have power?
- ✓ What plan is in place to provide food and water to students in an extended power outage?

“It is better to look ahead and prepare than to look back and regret.” -Jackie Joyner-Kersey

Marissa Derderian
Complex Coordinator
Worcester Polytechnic Int.



Risk Management & Legal Issues is going social!

Risk Management and Legal Issues is hitting the social media stream. Be sure to keep an eye out for recommended articles and information on Facebook and Twitter throughout each month!

NEACUHO Annual

Dave Stender
Conference Program Chair

Top 5 reasons to put in a program submission:

1. Professional Development...present best practices and share your passions with others
2. Network and connect with others in the field
3. A great reason to attend The Annual Conference at University of New Hampshire
4. Co-present with a colleague from another institution you don't see as much anymore!
5. Great resume builder

Call for programs coming in Jan 2013 on the NEACUHO website!

STAFF

Rochester Institute of Technology



QUINN KARLEY
Residence Coordinator

Quinn has a MS in Higher Education Administration from SUNY at Buffalo and B.S in Communication Studies from SUNY Fredonia .



**LYNN
OGNISSANTI**
Asst. to the Director

Lynn joined RIT September 24, 2012 she previously worked at Eastman Kodak Company.



EILEEN REEVES
Sr. Staff Assistant

Eileen graduated from Georgia Gwinnett College with a B.S in Psychology and is currently working on her Masters in Social Work at Roberts Wesleyan College.



STEPHANIE KREBBEKS
Residence Coordinator

Stephanie served as a GA and an RA at Rochester Institute of Technology. Stephanie has a MS Specialist Degree in school Psychology as well as a B.S for Psychology from Rochester Institute of Technology.

ERICKA SCHUBART
Assistant Director

Ericka joined RIT Staff following 5 years as an RD at Ithaca College and 3 years as a Complex Coordinator at SUC Delhi. Ericka has a MS in Educational Administration and Policy Studies from University at Albany, SUNY B.S in Business Administration, Management Information Systems from Bowling Green State University.



Jenna Levine, Chris Weiss, Caren Collins, Cory Davis, and Melissa Michalek.

Quinnipiac

would like to give a shout out to our new professionals. This past fall semester threw so many challenges at us as a department and you as professionals. You came up on top and made us proud. We are lucky to have you.

SPOTLIGHT

Johnson & Wales University

STAFF CHANGES

- Director of Residential Life, **Dameian Slocum**, has been promoted to Associate Dean of Student Development for Johnson & Wales University.
- **Candace Dennig**, Associate Director of Residential Education, has been promoted to Director of Residential Education for Johnson & Wales University.
- **Tara McGee**, Associate Director of Student Housing, has been promoted to Director of Student Housing Operations for Johnson & Wales University.
- **Becky Budnykiewicz** has been recently hired as the new Assistant Director of Residential Communities for the DOWncity Campus at Johnson & Wales University. Residential Education Staffing Coordinator Debbie Becker has been promoted to Assistant Director of Residential Education for Johnson & Wales University.
- **Douglas (DJ) Osier** has been recently hired as the Residence Director for South Hall at Johnson & Wales University.



Sarah Cyr-Mutty

Vanessa Martinez
& Corey Zolhnman

Simmons College

Cheers to the professional staff who powered through a successful (and challenging) semester. A special thank you goes to all of our new staff members (Corey Zohlman, Gina Louis, Sarah Shives, & Edward Byrne) who rolled with everything coming their way!

Welcome to Sarah Cyr-Mutty, our outstanding housing coordinator

SUBMIT YOUR OWN RECOGNITIONS

Do you have a staff member you would like introduce to NEACUHO? How about a colleague you would like recognize for efforts on your campus or in NEACUHO? The Media & Publications Committee wants to hear from you and how your staff makes a difference through their work and dedication to the field. Send us a brief message to include in the next Navigator. Pictures are always welcome! Email submissions to Jess Faulk at jess.faulk@gmail.com

History

The original Regional Entry Level Institute Co-Directors, Tom Ellett and Joanne Goldwater, attended the inaugural National Housing Training Institute (NHTI) in the summer of 1991. NHTI was developed by staff from the University of Florida to assist mid-level housing and residence life professionals in gaining insights on the competencies needed to be a Chief Housing Officer. NHTI identified ten competencies through a national survey of Chief Student Affairs Officers and Chief Housing Officers.

In reflecting on their experiences at NHTI, Tom and Joanne believed that a void existed for specific staff development opportunities for entry level staff in housing and residence life: namely, helping these new professionals develop comprehensive, intentional plans for moving to mid-level positions.

In the spring of 1997, a survey was conducted of former NHTI participants and selected mid-level staff. The results were instrumental in establishing a list of competencies that staff felt had assisted them in moving to the next level within our profession. These results were shared during a presentation at the 1997 annual ACUHO-I conference in Minnesota. After receiving excellent responses from the thirty session participants, who also believed that not much had been done to prepare entry-level staff for the next professional step, planning for the first Regional Entry Level Institute began.

The intended goals of RELI were multi-faceted:

- Assist entry level staff in the NEACUHO and MACUHO regions with defining competencies necessary for movement into mid-level positions in housing/residence life;
- Promote interactions among entry-level staff and “veteran” professionals with high energy, experience and dedication in housing/residence life;
- Connect the profession’s entry-level ‘rising stars’ to the regional housing/residence life associations;
- Provide professional development opportunities for entry level staff and veteran housing/residence life staff through an intensive experience of attendance and participation (entry level staff) and presenting and mentoring (veteran staff).

The first Regional Entry Level Institute was held in 1998 and had a graduating class of sixteen participants. The second Regional Entry Level Institute (RELI) expanded to twenty-one participants, five faculty members, two facilitators and the two Co-Directors. In 1999 and 2000, the Institute was expanded to eight faculty members and 27 participants, its current format. RELI has been “capped” at this level to ensure the intended learning environment.

In 2000, Jon Conlogue replaced Tom Ellett as a Co-Director from the NEACUHO region. Joanne and Jon have continued to survey ‘seasoned’ housing professionals regarding the competencies to keep them reflective of professional needs and trends: for 2012, these included Managing Multiple Priorities, Working with Diverse Students, Managing Change, Staff Supervision, Crisis Management, Campus Politics, and Accountability. (This survey was conducted again in November 2012, and some changes in competencies are expected for 2013.) They have also revised the scheduled activities in recent years, adding a welcome from the host institution’s Chief Student Affairs Officer and a ‘night on the town.’

RELI BY THE NUMBERS

OVER 100

seasoned professionals have served as RELI faculty, presenters and hosts. Faculty have included over a dozen NEACUHO Presidents (and comparable numbers of MACUHO Presidents).

2007

marked the tenth Regional Entry Level Institute. RELI celebrated a milestone with its 100th graduate in 2002 and anticipates its 400th graduate with the 2013 class.

In 2003-2004
MACUHO &
NEACUHO

agreed to provide direct financial assistance, as well as scholarships, in support of the Institute, a commitment which continues to this day.

RELI has also benefitted from a variety of corporate partners over the years, including long-time support from

Shrader &
Shrader

Why go to RELI?

Perspectives on RELI from 2012 graduate Jessica Ryan of Nichols College in central Massachusetts.

Q. Why did you apply?

A. [While] being in res life since 2003, I followed the untraditional path. I found myself with unique skills needed for good job performance and advancement but needed to supplement areas where I did not have the opportunity or understanding. In other words, I wanted to beef up my resume and my skills. RELI seemed to offer all that and more.

Q. What did you expect from RELI?

A. I had never been to a conference, so my only expectations were based on the outlined learning objectives. I had previous conversations with former RELI graduates and was informed to prepare myself to learn a lot, change, and grow.

Q. What did you get from RELI?

A. There are things that I learned from RELI that I utilize every day. It changed me as a professional. It reiterated that this is the field that I want to be in. It gave me direction and self-confidence in my own roles. It provided me with a mentor. It provided tools and information that are comprehensive and relevant.

Q. Why should others consider attending RELI?

A. This is a focused institution. Graduates walk away with intentional learning objectives that are relevant and useful. This is an opportunity for more hands-on learning as the class is small. You have the opportunity for personalized attention in learning.

Comments from RELI attendees:

“RELI provides **something special** a larger conference can't give you.”

“I've been **challenged** to think outside of my current role and see new perspectives.”

“It helped me think about my career and **gain practical skills** to move forward.”

“The **best young professional experience** I had other than day-to-day experience was participating in RELI.”

“I am **reinvigorated** and refocused.”

“RELI was a **once-in-a-lifetime opportunity.**”

“I looked forward to this for months and **was NOT disappointed.**”

“Faculty were **insightful, inspiring, humorous, candid...**”

“**Connecting** with so many seasoned and new professionals was fantastic.”

“RELI was a **transforming experience** personally and professionally.”

“RELI offered a **supportive environment** that has prepared me for the next step.”

Our next Institute will be held from **May 29-31, 2013 at New York University.**

Sponsors will once again include NEACUHO, MACUHO, Westfield State University in Massachusetts, and St. Mary's College of Maryland.

RELI applications are due by March 1. Completed applications include an application form, a copy of your current resume, and a letter of support from your Chief Housing Officer. This application packet and additional instructions are available on the NEACUHO website beginning in January. Application review begins in March and continues on a rolling basis. Selections are made based on applicants' experiences, personal goals for the Institute, and regional/institutional balance.

Cost for RELI is again only \$250 per person – this includes registration, two nights of lodging, all meals, and all materials. Payment must be received by April 15, 2013. We hope to see you there!

www.macuho.org/reli

What is your **RA Selection Housing Selection** theme?

Merrimack College RA Selection -



We are excited to open a new residential area in fall 2013 and to grow our RA Staff, so a construction theme fit perfectly this year.

"Can You do it?
Yes You Can!"

University of Hartford RA Selection

theme - Resident Assistants & the Leadership Factory!



Our selection and Summer RA Training will be the Willy Wonka and the Chocolate Factory theme. Full of Oompa Loompa songs, golden tickets for nominations, and everlasting leadership skills.

SUNY Geneseo

Housing Selection - Tetris, "Find Your Fit"



NHTI

RA Selection - Building Cha**RA**ctor

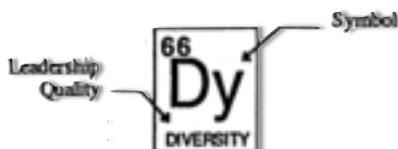
Brandeis University

CA Training - "Elements of a Leader"

[This was] our previous CA Training theme. It was fun to create programming sessions around this title. I enjoyed much for my session, "The Periodic Table of Leadership".

ELEMENTS OF LEADERSHIP

H	Li	Be											B	C	N	O	F	Ne
Na	Mg											Al	Si	P	S	Cl	Ar	
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr	
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe	
Cs	Ba	La	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn	
Fr	Ra	Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr		
		Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu			
		Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr			



Endicott College RA Training-

Ninjas vs. Zombies.



ResLife runs on



Cait Bjellquist
Residence Hall Director
Long Island University

*winner of the
New Professional
Best in the Region Award at
NEACUHO*

NEACUHO has brought me a lot of my professional “firsts.” As a paraprofessional, I was a part of the MACUHO region but took on my first post-undergraduate job as an ACUHO-I intern in New York City. My first full-time job brought me back to the NY Metro District, and this job sent me to my first regional conference where I presented for the first time. As a first-time attendee, I was unsure of what to expect and happy to find the annual conference offered all the quality of a national conference and still maintained a small community feel. I was able to network with several individuals who connected me with guest speaking opportunities and more importantly, became close friends. I attribute my “Best in the Northeast” presentation award to the laughter I found in Boston. Let me say a heartfelt and sincere thank you to those who attended my session. Your smiles made all the difference for me.

After winning the award I was asked to write for The Navigator and talk about my experience. As a new professional, I tried to take on as much as I could but found myself overwhelmed as my staff headed into RA Training and opening with only four of seven hall director positions filled. This article and “doing more with less” took a backseat to the demands of meeting basic needs while short staffed. We worked our way through the hiccups and within a few weeks had a complete Residence Life team. Of course, nothing ever goes according to plan in Student Affairs. Just as we

were settling into a rhythm, Hurricane Sandy hit Long Island as I’m sure it did many others in the region. Our campus was without power for a full week before losing it again after the subsequent nor’easter. We hosted approximately 400 LIPA (Long Island Power Authority) workers in our gym, tried to entertain the 600 students still on campus (no small feat without electricity), and supported the students for whom the storm had taken everything. The ripple effect of the storm can still be seen and felt. Students who had no homes left over Thanksgiving used the kitchen in my office to cook dinner with their families. One of my own RAs was delayed in returning to campus following the storm because she was helping her Staten Island community pump water out of homes. It was as if I was completing a case study in graduate school, except painfully real.

After reflecting on my first semester as a professional, I understand that what made the annual conference so wonderful is also what got our Residence Life team through training, opening, and Sandy: **positive energy**. As a new professional with a year and a half under my belt I’ve learned that our joy and our laughter is the glue that holds together the work we do. I’m thankful to have found support in the NEACUHO community and look forward to getting more involved as a not-quite-as-new professional in 2013.

Work more closely with students on their career discernment and aspirations for doing well in society

Utilizing StrengthsQuest with my student staff members and incorporating it in to their duties.

Try to catch students being good.

Find a masterwork project that I can accomplish that means a lot to me professionally.

Try to read professional journals more often and find/ make time to get to know new professionals better.

To spend more time investing in the future of our profession. This will be achieved by participating at a regional/national level with our housing organization. Serving as a mentor for young professionals and to encourage them to take an active role with NEACUHO and ACUHO-I.

I resolve to focus more on recognition of my students and staff. I also resolve to make improvements along the way instead of waiting until a new semester or academic year.

Keep email, as much as humanly possible, to daylight hours.

Spend more time helping individual staff members with their professional development plans.

My goal is to take more time to reflect on my experiences as a student affairs professional. So many times we have great interaction and experiences, but get swept up into whatever is coming next and miss out on that time.

My goal is not to stretch myself too thin with commitments outside my position.

Utilize and educate as a professional more on the power of vulnerability which will take a lot on my part to admit when I do not know something and look like a fool at moments, asking for help, and owning the moment.

My goal is to either present or publish on behalf of my department in 2013.

I am resolving to enroll in the College Student Personnel program at URI, after having worked at URI Housing for 13 years.

I am hoping to get a procedures manual together this year for the department. The manual would have all kinds of information about what needs to be done each month and how it is done.

What are you

resolving to do differently

as a student affairs professional in the coming year?

A special thank you to the
Media & Publications Committee
for your time and hard work!



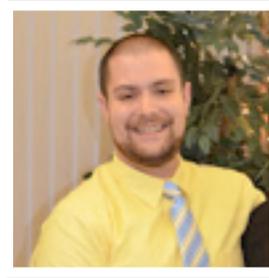
James Frier,
Northeastern
University



Danielle Remigio,
Bay State College



Sarah Unruh,
SUNY Cortland



Owen Conklin,
SUNY Delhi



Tatiana Rugel,
PACE

We are always looking for more committee members, please email jess.faulk@gmail.com if you are interested!

New Website, coming soon!

The screenshot shows the NEACUHO website interface. At the top, there are navigation links: PRINT TO PAGE, CONTACT US, REPORT ABUSE, SIGN IN, and REGISTER. The main header features the NEACUHO logo in large, bold, red letters, with a compass rose to the right. Below the logo is the text "Northeast Association of College and University Housing Officers". A secondary navigation bar includes links for ABOUT US, MEMBERSHIP, NAVIGATOR, GET INVOLVED, EVENTS, and CORPORATE. On the left, there is a "COMMUNITY SEARCH" section with a search input field and a magnifying glass icon. Below that is a "CALENDAR" section with a "MORE" link and a list of events: 2/9/2013 Spring RDO2B, 3/22/2013 New Professionals/Mid Level Institute, and 6/21/2013 - 6/24/2013 Annual Conference. The central area is titled "GET CONNECTED!" and contains a registration form with fields for Username, Password, First Name, and Last Name. A note states: "Please create a username for your account and enter your first name and last name. Once you are registered, you can enjoy all of the member-only areas of the site. Note: All fields are required. Please ensure your username contains only letters and/or numbers with no special characters or spaces. You may also enter a valid email address. Example: 'smith123' or 'smith123@yourdomain.com'". The form shows "faulk" in the Username field, "Jess" in the First Name field, and "Faulk" in the Last Name field. To the right of the form is a "SIGN IN" section with fields for Username and Password, a "Remember Me" checkbox, and a "SIGN IN" button. Below the sign-in section are links for "Forgot your password?" and "Haven't registered yet?".

New Professionals Conference & Mid-Level Institute

March 22 at Bridgewater State University,
Bridgewater, MA

More info coming soon, watch your email.

HOST a NEACUHO event

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- Bring the region to your campus!

Please contact Kim Schmidl-Gagne NEACUHO President-Elect, by emailing kgagne@keene.edu or by calling (603) 358-2768 for more information.

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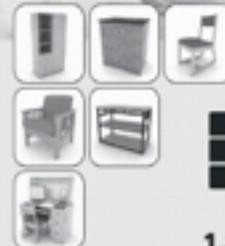
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Do you have something to share with NEACUHO?

All entries for The Navigator come from members just like you. Please feel free to submit articles concerning student affairs and residential life issues, departmental staff updates, recognition of members, committee updates, district updates, and much more. Email all submissions to jess.faulk@gmail.com

Stay tuned for our next issue of The Navigator

To download past issues of The Navigator, visit us at www.neacuho.org. Feel free to email Jess Faulk at jess.faulk@gmail.com with any questions you may have about submissions for The Navigator.

Feedback & Suggestions?

We'd love to hear from you. Share your comments, feedback, suggestions, questions, etc. with us so we can better serve you! Email your feedback to jess.faulk@gmail.com

Thank you to all who submitted articles to this issue of The Navigator!

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NEACUHO is an organization of housing, residential life, and student services professionals and paraprofessionals within the Northeast region dedicated to providing opportunities for colleague support, professional development, sharing of information, collaboration, communication, research, and recognition of outstanding contributions to the field. The association serves member institutions within Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, and Vermont.

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